

## Daredevil abseil in aid of charity

Gwent accountant Gary Parker is aiming to leave Mayor of Newport Glyn Jarvis counting a mountain of money after his latest fundraising feat. Mountaineer Gary is hoping to boost the mayor's annual appeal by staging a charity abseil from Newport's iconic Civic Centre clock tower later this month.

The event, on March 27, is open to all. It will see abseilers first climb to the top of the city centre clock tower then abseil some 150ft back down.

The day is being backed by Wales accountancy firm Parker & Co, of Newport & Llanelli. The event is being staged and handled by Gary Parker's Club 7 Summits global expeditions business.

Each abseiler is asked to collect at least £70 in sponsorship, to be donated to the mayor's charity appeal, to be able to take part in the event. The mayor's charities this year are the St David's Foundation Hospice Care and Newport Mencap Gateway.

Cllr Glyn Jarvis said: "I'm delighted Parker & Co are backing the day and that we're able to call on Gary Parker's wealth of experience. We've set ourselves the goal of raising £10,000 on the day."

# Builders sign up to challenge

**NetRegs, a partnership between Environment Agency Wales and the other UK environmental regulators, visited Gwent to launch a national awareness campaign.**

The campaign sees NetRegs joining forces with builders' merchants across Wales to bring sole traders up-to-date with environmental legislation.

NetRegs representatives visited four builders' merchants, including Caldicot Building Supplies Ltd in Rogiet, to engage with sole traders about the benefits of signing up to its website.

The website which provides free environmental guidance. The site, netregs.gov.uk, aims to help SMEs across Wales to understand what they need to do in order to comply with environmental law and protect the environment, which can also lead to businesses saving money.

Emma Mason, of NetRegs, said: "We're asking businesses and traders to sign the Plasterboard Pledge, which involves subscribing to our free monthly newsletter via the website.

Subscribing could mean they save on average £2,600 a year by saving time on keeping up to date with legislation and complying with environmental law.

"By signing the pledge businesses will be kept up-to-date with new legislation or changes to environmental laws, given tips on how they can be greener and save money, and informed of future legislation to help them plan ahead."

Chris Barbrook, managing director of Caldicot Building Supplies Ltd, said: "We are delighted to be part of this campaign, as it's important to remind our customers that they have a responsibility to ensure that all building and trade waste is disposed of in a safe and responsible way."

Gary Inghit, south east co-ordinator for Fly-tipping Action Wales, said: "We applaud NetRegs for launching this campaign, which helps businesses and traders get the information they need to dispose of their waste legally. We see 55,000 incidents of fly tipping in Wales every year, the annual clean-up costing taxpayers in Wales £3m. A third of these are from construction and demolition waste."



Chris Barbrook signs up to the challenge